



Video appears to show killing of second journalist

ISIS claims to have beheaded American Steven Sotloff **PAGE 8**

Setting sights on distracted drivers

Local activist's campaign aims to educate public on dangers of driver inattention **PAGE 3**

PART TWO: THE SOLDIERS ARRIVE

ALL THIS WEEK, METRO BRINGS YOU EXCERPTS FROM THE FIRST CHAPTER OF JOSEPH KERTES' NEW BOOK, THE AFTERLIFE OF STARS **PAGE 18**



Seniors confined to their homes

Broken elevator.

Those with mobility issues have been stuck in their Belanger Manor apartments since Aug. 27



LUCY SCHOLEY
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Rheal Cyr has been stuck in his fourth-floor apartment for almost a week.

The 69-year-old is confined to his power chair in the Belanger Manor seniors' residence because the building's only elevator has been broken since Aug. 27. Cyr, who had his leg amputated following complications from a knee surgery in 2009, can't buy groceries, attend scheduled doctor's appointments or see friends for daily coffee meetings without an elevator. Instead, the 287-pound man had the Red Cross deliver groceries on the weekend.

"I wanted to go down today," he said, with a shrug. "But nobody (can) take me down."

According to Ottawa Community Housing (OCH), which runs the seniors' home, a leak-



Rheal Cyr has been stuck in his Lower Town apartment, which is run by Ottawa Community Housing, for almost week because of a broken elevator. LUCY SCHOLEY/METRO

ing valve was causing vibrations in the elevator. Workers tried fixing the problem last week but are waiting on a new part ordered from the U.S.

Cyr and fellow tenant Jeanne Morel said they otherwise enjoy living at the quiet Lower

Town facility but are wary about the elevator because it frequently breaks.

"Why don't they replace it with a new one or put the handicapped people on the first floor?" said 82-year-old Morel, who lives on the second

floor and does not need the elevator.

Seniors' home activist Shirley Mosley is pushing for this to become an election issue and said she will not stop until the 39 tenants at 181 Bruyere St. are treated better than

"second-class citizens."

"We're going to spend \$70 million on bike paths? These people need new carpets," she said.

Mayoral candidate Darren Wood and Ward 20 candidate Bruce Faulkner said there

should have been a plan in place to accommodate tenants with mobility issues.

OCH CEO Stephane Giguere said he could not discuss Cyr's situation for confidentiality reasons but said OCH workers are on hand 24/7 to help tenants with groceries, laundry or a chair lift. If anyone with mobility issues wishes to relocate to another floor, then they are open to that request, he said.

"Our tenants, for us, are really important," he said, adding that the elevator snafu is a sad, stressful situation. "This is their home, and we treat them with the best service possible. We go the extra mile."

He said they were hoping to have the elevator fixed by Wednesday morning and would be meeting with tenants about the issue.

When Cyr heard he would have to spend another day inside, he put his head in his hands.

"I have to cancel with the doctor again," he said, through tears. "That's the second time I've cancelled (since the elevator broke)."

Metro was unable to connect with Rideau-Vanier Coun. Mathieu Fleury, although the councillor did try to return our phone call. Mayor Jim Watson was not available for comment.

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FIVE THINGS YOU NEED TO KNOW TODAY

1

WEATHER = ART?

Carleton University grad Eric “eepmon” Chan will be at his alma mater’s food court at 1 p.m. today blending images with weather data to create art.

2

WANT TO VOTE?

Check that your name is on the list to avoid ballot-box delays. Go to ottawa.ca/vote, call 311 or the Elections Office at 613-580-2660 or visit any city client service centre.

3

2000 AND LATE

Don’t look now, but your smartphone is obsolete. Samsung’s Galaxy Note 4 debuts today, with unveilings in New York, Berlin and Beijing. iPhone 6 comes next week.

4

PUPPY KICKING

Remember that catering-company CEO who appeared to be kicking and yanking a puppy on camera? Desmond Hague of Centerplate Inc.? Yeah, he resigned on Tuesday.

5

DOLL = CREEPY?

For those young (and scary) at heart, Mezco Toyz will soon market a version of Annabelle, the terrifying doll in the 2013 horror movie *The Conjuring* and set to return in a sequel.

Punishing success?

OC Transpo.

Father argues his teen could get free bus pass if she didn’t go to a gifted school



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An Ottawa dad is upset that his daughter will not be given a school-board-issued OC Transpo bus pass for the year because she chose to study at a cross-boundary school.

Sivas Premjeyanth said his 15-year-old daughter is a “gifted student” and chose to study Latin and Spanish at Lisgar Collegiate Institute instead of studying at her home school, Merivale High School.

As part of its new 2014 policy, the Ottawa Student Transportation Authority (OSTA) is handing out upward of 5,300 new bus passes for the school year to eligible students in the Ottawa Carleton District School Board.

Another 5,000 students are getting other modes of transportation, including yellow school buses or vans.

Previously, students who lived 3.2 kilometres or father away from their home school

and had access to OC Transpo had to pay for their own transportation. Now that has changed, except for students like Premjeyanth’s daughter, who starts Grade 12 this year. If she’d stayed at Merivale, he said, she would qualify for a bus pass.

“If there was a program that only Lisgar could offer and the school board directed her to Lisgar, then she would be eligible,” said OSTA general manager Vicky Kyriaco.

Kyriaco said students enrolled in specialized arts programs, high-performance athlete programs, or the International Baccalaureate at Colonel By Secondary School, for example, would be eligible for transportation, but “if a student just chooses to take a couple of different courses that aren’t offered at their home school, that does not qualify as a special program.”

Premjeyanth said the OSTA policy violates his daughter’s rights and wonders how many other students are being left out.

“It’s not going to cost them because they have already decided to give the bus passes to high-school students. Why not to these students who chose a different school?” he asked.



Challenge accepted!

From left: High-tech mogul Sir Terence Matthews; Debbie Weinstein, founding partner of LaBarge Weinstein LLP; and Bruce Lazenby, president of Invest Ottawa, get soaked as part of the ALS Ice Bucket Challenge at the Marshes Golf and Country Club on Tuesday night. The trio donated a total of \$3,000 to the cause. Global donations had hit \$106 million as of Sept. 2, according to alsa.org. CONTRIBUTED

\$100M Arts Court update a ‘great fit’



Rendering of the proposed OAG/Arts Court development. CONTRIBUTED

City council’s finance committee signed off Tuesday on the \$100-million redevelopment of the Ottawa Art Gallery and Arts Court, which will include eight floors of condo units, two levels of underground parking and a 12-floor, 120-room boutique hotel.

“It’s a great fit,” said Mayor Jim Watson. “We need more hotel space in the downtown core, particularly walkable hotel space.”

The redevelopment will include a larger space for the gallery, a 250-seat multipurpose and film-screening room, a 120-seat black-box theatre, new space for other arts groups and four classrooms for the University of Ottawa, another partner in the project.

Out of seven bids on the project, city staff selected a Quebec-based consortium composed of developers Groupe Germain and DevMc-

Gill as well as contractor EBC.

The committee also voted to let the OAG solicit and sell the naming rights for the gallery building and its north and south courtyards and interior spaces.

The OAG has agreed to contribute \$2.5 million to the project, and board chair Lawson Hunter said the ability to sell the rights will be a key component of their fundraising efforts.

The refurbished OAG and Arts Court, Mayor Watson added, goes with several other new and ongoing improvements in the immediate area: “The Convention Centre is open, Rideau Street is being refurbished and an LRT station is going to be very close by, so it’s going to be great for tourists and residents alike.”

The plan goes to city council for a final vote Sept. 10.

STEVE COLLINS/METRO



Students help push up funds for cystic fibrosis research

First-year post-secondary students participate in the annual Shinerama fundraising drive for cystic fibrosis research. The students are doing push ups on the median of Elgin Street Tuesday to catch the attention of passing motorists. More than 60 Canadian colleges and universities take part in Shinerama, the largest student fundraiser in Canada. JOE LOFARO/METRO

Lawmakers, police and local man tackle distracted driving

Heads up! Ontario Provincial Police say that they have seen 35 deaths this year related to distracted driving

STEVE COLLINS
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How do you get a distracted driver's attention? A \$280

fine might do it.

The OPP handed out 21 of those in the Ottawa area during a Labour Day weekend crackdown on drivers who wouldn't keep their hands off their phones while on the road.

The provincial police force also noted that four fatalities, or half of the traffic deaths over the long weekend, had been caused by crashes involving distracted driving.

Saving lives

Civilian Rick Levesque is helping mount a campaign against distracted driving. Check out the campaign online at facebook.com/helpsavelives.drivewithoutdistraction

Civilian Rick Levesque is hoping some education will do the trick.

The Ottawa resident will

station himself at the Ross Your Independent Grocer in Barrhaven on Saturday and hand out brochures on the risks of distracted driving, asking people to sign a pledge that they'll keep their eyes on the road and their hands on the wheel.

He's even gotten a few sponsors to donate prizes.

Levesque says that beside the fact that his wife "has been rear-ended three times by distracted drivers," he

became an activist last year after he witnessed an SUV crash into a compact car stopped at a red light.

The SUV driver had been texting and braked too slowly.

Everyone walked away from that accident, but the OPP says it has logged 35 deaths so far this year from collisions in which driver inattention was a contributing factor. In 2013, the death toll was 86.

Levesque says he was encouraged by reports that provincial legislation previously shelved by last spring's election will be re-introduced this fall.

The legislation would increase penalties up to a \$1,000 fine and three demerit points.

But changing people's attitudes takes time. "Like seat belts and drunk driving, there's going to be a transitional period," he said.

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Montreal Road. Two-car collision in Vanier sends four to hospital

Four people were taken to hospital following a two-vehicle collision in Vanier on Tuesday morning.

Ottawa firefighters responded to the call at 6:19 a.m.

Firefighters needed to cut open a car and extract two people inside. They were free by 6:43 a.m. Paramedics said a 22-year-old female passenger from the car was treated for head injuries and is in serious condition in hospital. The driver of the car, in his 20s, was treated for leg and hip injuries and is in serious,

but stable, condition in hospital, paramedics said.

The 54-year-old male driver of the SUV was treated for minor chest injuries as a result of airbag deployment. He was in stable condition in hospital. Paramedics said they assessed a 52-year-old female passenger from the SUV for chest injuries. They said she refused treatment at hospital.

Montreal Road was closed for several hours between Olmstead and Begin streets as police investigated the crash.

LUCY SCHOLEY/METRO



The roof of this Mazda was completely removed after two people were extricated from the vehicle following a collision on Montreal Road on Tuesday. JOE LOFARO/METRO

Grenville County

Man in custody after chase on Highway 401

A 29-year-old man is in custody in hospital, after driving erratically on Highway 401 Aug. 30, before crashing into an overpass.

Grenville County OPP responded to reported traffic complaints of a 2000 Toyota Sienna travelling east-bound on the Highway 401 heading towards Prescott around 4:40 p.m.

The vehicle was observed exiting the highway at Prescott, im-

mediately re-entering the highway and continuing to travel eastbound.

Police activated lights and sirens in an attempt to stop the vehicle.

The driver did not stop for police, who then deactivated their emergency equipment.

On two occasions the vehicle used the left shoulder of the road to pass vehicles.

There were no vehicles around when it moved onto the paved shoulder then toward the centre median and stuck the County Road 22 overpass structure, flipping in the air before coming to rest.

METRO



Protesters carrying the Freedom Flag of Vietnam march to Ottawa City Hall on Tuesday to oppose the city raising the communist Vietnam flag for the country's independence day. JOE LOFARO/METRO

Protesters call for city to revisit flag protocol

Vietnam. Refugees fled totalitarianism, call for Freedom Flag to replace yellow star



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Protesters offended by the City of Ottawa's decision to fly the Vietnamese flag on the country's national holiday Tuesday have vowed to return to city hall next year unless officials fly the so-called Freedom Flag of Vietnam.

About 100 people from Ottawa, Toronto, and Montreal held a demonstration at the Human Rights Monument on Elgin Street Tuesday to oppose

Quoted

"It's not right. The flag of the Vietnamese government right now cannot fly in parallel together with the Canadian flag where the two values (are) totally different."

Phuong Lethebinh

the flag-raising, calling it a "disgrace" to refugees who came to Canada to escape communism.

Phuong Lethebinh, 52, said he came to Canada in 1979 as a Vietnamese refugee with his uncle. He said he came to the protest to recommend the city revisit its flag protocol.

Mayor Jim Watson told Metro on Monday the city flies the Vietnamese flag at City Hall every Sept. 2 to mark Vietnam's independence day, as it does for about 119 other countries on their national days.

"It doesn't mean that we support the communist regime," said Watson.

Protesters asked for the city to respect the Vietnamese community in Ottawa, which they say does not recognize the red flag with the gold star.

"It's not right. The flag of the Vietnamese government right now cannot fly in parallel together with the Canadian flag where the two values (are) totally different. The one country is total dictatorship, no freedom, even (if) people raise

their voice, they get arrested. It's total opposite of Canada," he said.

Lethebinh and the Canadian Youth for Human Rights in Vietnam (CYHRV) both say flying the red flag is akin to flying the Nazi flag at city hall.

"If they decide to keep raising it, we'll come back every year," said Lethebinh.

CYHRV members said they understand the mayor is following protocol, but hope to have the yellow flag with three stripes flying next year.

"I don't want to see people like my parents, my family members who did come as refugees from Vietnam to stand and watch this flag be raised next to the Canadian flag where they were promised freedom and respect for their human rights," said CYHRV treasurer Quoc-Viet Le-The.



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Arts centre going down the rabbit hole

45th anniversary season. National Arts Centre showcasing two Alice in Wonderland-themed productions



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Theatre-goers will be falling down, down, down into a rabbit hole at the National Arts Centre (NAC) this season.

A pair of Alice in Wonderland-themed productions will be performed onstage for the 2014-2015 year.

Tweedledum and Tweedledee, Humpty Dumpty and the White Knight are among the whimsical characters coming to the theatre for the NAC's winter holiday production of Alice Through the Looking-Glass.

NAC artistic director Jillian Keiley and designer Bretta Gerecke are putting on the show with the Stratford Festival.

A ballet version of Alice's Adventures in Wonderland will flutter across the stage in April, with The National Ballet of Canada's Christopher Wheeldon choreographing the show.

The reason for the double dose of Alice? It's exactly 150 years since Lewis Carroll published the story.

And the NAC is celebrating its own 45th anniversary milestone.



National Arts Centre staffers hold up a banner at a special event Tuesday celebrating the opening of the cultural venue's 45th season. Lucky patrons who got to the box office early Tuesday were given free tickets. LUCY SCHOLEY/METRO

sary milestone.

Those who did not get tickets when the box office opened on Tuesday are not too late for the tea party.

Visit www.nac-cna.ca for more.

Tickets are also available in person at the NAC Box Office from 10 a.m. to 9 p.m., Monday through Saturday, or through Ticketmaster (with surcharges) at 1-888-991-2787.

Play bill

- **Molly Bloom:** a play inspired by Molly Bloom and the last chapter of James Joyce's *Ulysses*. It runs Sept. 24-27.
- **Pinchas Zukerman's Ultimate Season:** in his 16th year as the NAC's music director, maestro Pinchas Zukerman

will perform as soloist in Mozart's Violin Concerto No. 5. Opening night is Sept. 6.

- Nova Scotia greets Buck 65 and Jenn Grant will play Nov. 22 and 28, respectively. Granby, Que., musician Alex Nevsky is performing Oct. 3 and Timber Timbre Sept. 18.

SIU finds no grounds to charge OPP officer in Tamworth death

The province's police watchdog says there are no reasonable grounds to charge a Napanee OPP officer in connection with the February death of a 59-year-old man.

The Special Investigations Unit says police were searching for the man, who was reported to have killed another man and shot a firefighter in the town of Tamworth before fleeing in a pickup truck.

The SIU says the officer at the centre of their investigation

Quoted

"The available evidence indicates that the man died of a self-inflicted gunshot wound."

SIU Director Tony Loparco

eventually found the pickup in the centre of a road, at which point he approached it while armed with a rifle.

It says the officer found the vehicle was empty and was halfway between his cruiser and the pickup when he heard a single gunshot that sounded like it came from east of the truck.

The SIU says the officer took cover behind the door of his cruiser and other officers arrived. Police eventually found the man's body in bushes east of the pickup later that evening.

The SIU's director says the

man was found lying on top of two rifles with a wound that a pathologist found could have been self-inflicted.

He also says several witnesses saw the man going into the bushes alone holding a gun case and a rifle before hearing a single gunshot.

The SIU is an arm's length agency that investigates reports involving police where there has been death, serious injury or allegations of sexual assault.

THE CANADIAN PRESS



This Jan. 23, 2014 file photo made available by the Miami Beach Police Dept. shows Justin Bieber at the police station in Miami Beach, Fla. MIAMI BEACH POLICE DEPARTMENT/THE CANADIAN PRESS FILE

Bieber's lawyer blames paparazzi

Pop star arrested Friday near Stratford.
Artist charged with dangerous driving and assault after a collision

Justin Bieber's camp is pointing a finger of blame at the paparazzi for the Canadian pop star's latest run-in with the law in Canada.

Ontario Provincial Police said Bieber, 20, was arrested Friday and charged with dangerous driving and assault following a collision between a minivan and an ATV in a rural area northeast of Bieber's hometown of Stratford.

The driver of the ATV and an occupant of the minivan "engaged in a physical altercation," according to police.

Const. Kees Wijnands would not say whether Bieber was driving the ATV, but pictures posted online show the star and on-and-off girlfriend Selena Gomez riding on an ATV on Friday.

Wijnands said there were no injuries as a result of the collision but couldn't say whether there were any injuries from the altercation.

"He attended our office

and he was arrested," Wijnands said. Bieber was then released on a promise to appear in court Sept. 29.

In a statement emailed to The Canadian Press, Bieber's lawyer in Toronto indicated the paparazzi were involved but provided no details.

"Justin Bieber and Selena Gomez's peaceful retreat in Stratford this weekend was unfortunately disrupted by the unwelcome presence of the paparazzi," said Brian Greenspan.

"This has regrettably resulted in charges of dangerous driving and assault. Mr. Bieber and Ms. Gomez have fully co-operated in the police investigation. We are hopeful that this matter will be quickly resolved."

Just a few days before the incident, Bieber's car was hit from behind by a vehicle driven by a photographer in Hollywood. The Grammy Award-nominated singer tweeted: "There should be laws against what I just experienced. We should have learned from the death of Princess Diana."

He then tweeted: "I don't have a problem with Paparazzi but when they act recklessly they put us all in danger." **THE CANADIAN PRESS**

Dethroned beauty queen holds crown ransom for an apology

A dethroned 16-year-old beauty queen from Myanmar said Tuesday she won't return her bejeweled \$100,000 crown until pageant organizers apologize for calling her a liar and a thief.

May Myat Noe — the country's first winner of an international beauty contest — lashed back at her accusers at a tightly packed news

conference.

She said representatives of the Miss Asia Pacific World pageant lied about her age — saying she was 18 instead of 16 — and tried to pressure her into getting plastic surgery "from head to toe."

Noe denied having breast implants as claimed by David Kim, director of media

for the South Korean-based pageant. He said the surgery was provided free of charge, part of efforts to boost the teen into super-stardom.

Kim said Noe was stripped of her title last week because she was dishonest and unappreciative and that she ran off with her tiara after learning of the decision.

THE ASSOCIATED PRESS



May Myat Noe, Myanmar's first international beauty queen, winner of the 2014 Miss Asia Pacific World. GEMUNU AMARASINGHE/THE ASSOCIATED PRESS

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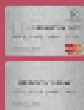
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American journalist Steven Sotloff, who was kidnapped in August 2013 near Aleppo, Syria, talks to Libyan rebels near Misrata, Libya, in June 2011. An Internet video has been released that purports to show the beheading of Sotloff by the ISIS terrorist group. ETIENNE DE MALGLAIVE/GETTY IMAGES FILE

Video appears to show second U.S. journalist beheaded by ISIS

'A Second Message to America.' Terrorist group says murder of Steven Sotloff is retribution for continued U.S. airstrikes

Extremists from the Islamic State of Iraq and Syria (ISIS) group released a video Tuesday purportedly showing the beheading of a second American journalist, Steven Sotloff, and warning U.S. President Barack Obama that as long as American airstrikes against the militants continue, "our knife will continue to strike the necks of your people."

The footage — depicting what the U.S. called a sickening act of brutality — was posted two weeks after the release of a video showing the killing of

James Foley and just days after Sotloff's mother pleaded for his life. Barak Barfi, a spokesman for the family, said that the Sotloffs had seen the video but that authorities have not established its authenticity.

Sotloff vanished in Syria in August 2013 and was not seen until he appeared in a video released last month that showed Foley's beheading. Dressed in an orange jumpsuit, Sotloff was threatened in that video with death unless the United States stopped airstrikes on ISIS.

In the video distributed Tuesday titled *A Second Message to America*, Sotloff appears in a similar jumpsuit before he is apparently beheaded by a fighter with ISIS, the extremist group that has conquered wide swaths of territory across Syria and Iraq and declared itself a caliphate.

The fighter who apparently

beheads Sotloff in the video calls it retribution for Obama's continued attacks.

"I'm back, Obama, and I'm back because of your arrogant foreign policy toward the Islamic State ... despite our serious warnings," the fighter says. "So just as your missiles continue to strike our people, our knife will continue to strike the necks of your people."

In the video, the organization threatens to kill another hostage, this one identified as British citizen David Cawthorne Haines. It was not immediately clear who Haines was.

Britain and France called the killing "barbaric." In Washington, State Department spokeswoman Jen Psaki said U.S. intelligence analysts will work as quickly as possible to determine if the video is authentic. **THE ASSOCIATED PRESS**

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The U.S. side of Niagara Falls, seen here Jan. 10, begins to thaw following the polar vortex earlier this year. Researchers have partially linked the cold weather from the vortexes to melting sea ice off Russia's coast, caused primarily by higher global temperatures. NICK LOVERDE/THE ASSOCIATED PRESS

Polar vortex connected to melting ice in Arctic: Study

Frigid weather. Study says shrinking ice in Russian seas one cause of wicked cold fronts

A new study says that as the world gets warmer, parts of North America, Europe and Asia could see more frequent and stronger visits of cold air.

Researchers say that's because of shrinking ice in the seas off Russia. Less ice would let more energy go from the ocean into the air, and that would weaken the atmospheric forces that usually keep cold air trapped in the Arctic.

At times it escapes and wanders south, bringing with it a bit of Arctic super chill. That can happen for several reasons, the study says, such as when the ice in northern seas shrinks, leaving more water uncovered.

Normally, sea ice keeps heat energy from escaping the ocean and entering the atmosphere. When there's less ice, more energy gets into the atmosphere and weakens the jet stream, the high-altitude river of air that usually keeps Arctic air from

Response

- **Doubt.** Kevin Trenbeth, a climate analysis chief at the National Center for Atmospheric Research, is skeptical of Yoon's study, citing his own research that claims the Pacific has a greater effect on the polar vortex.
- **Acclaim.** Katherine Hayoe, a climate scientist with Texas Tech, praised Yoon's study and believes it provides important insights into how human activities affect the planet.

wandering south, said study co-author Jin-Ho Yoon of the Pacific Northwest National Laboratory in Richland, Wash.

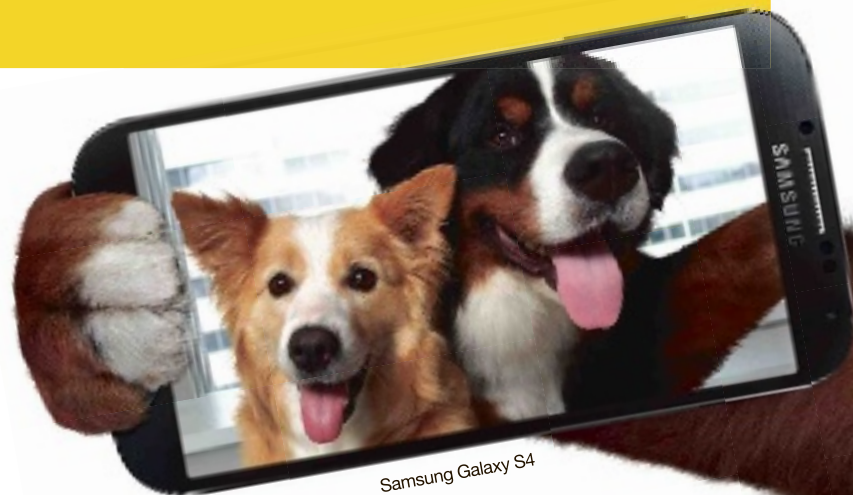
The study observed historical data and conducted computer simulations.

Both approaches showed the same strong link between shrinking sea ice and cold outbreaks, according to lead author Baek-Min Kim, a research scientist at the Korea Polar Research Institute.

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Plane passengers turn on each other

Packed in like sardines.

As everything from leg room to toilets shrink on planes, people are taking their anger out on fellow fliers

Squeezed into tighter and tighter spaces, airline passengers appear to be rebelling, taking their frustrations out on other fliers.

Three U.S. flights made unscheduled landings in the past nine days after passengers got into fights over the ability to recline their seats. Disputes over a tiny bit of personal space might seem petty, but for passengers whose knees are already banging into tray tables, every inch counts.

It's getting to the point where the pre-flight safety videos need an additional warning: be nice to your neighbour.

The International Air

Losing elbow room, too

84%

Passengers aren't just losing leg room; they're losing elbow room. Airlines in the U.S. sold 84 per cent of their seats on domestic flights so far this year, up from 81 per cent five years ago and 74 per cent a decade ago, according to the Bureau of Transportation Statistics. That means there are fewer and fewer empty middle seats on which passengers can spread out.

Transport Association calls unruly passengers "an escalating problem," saying there was one incident for every 1,300 flights in the past three years.

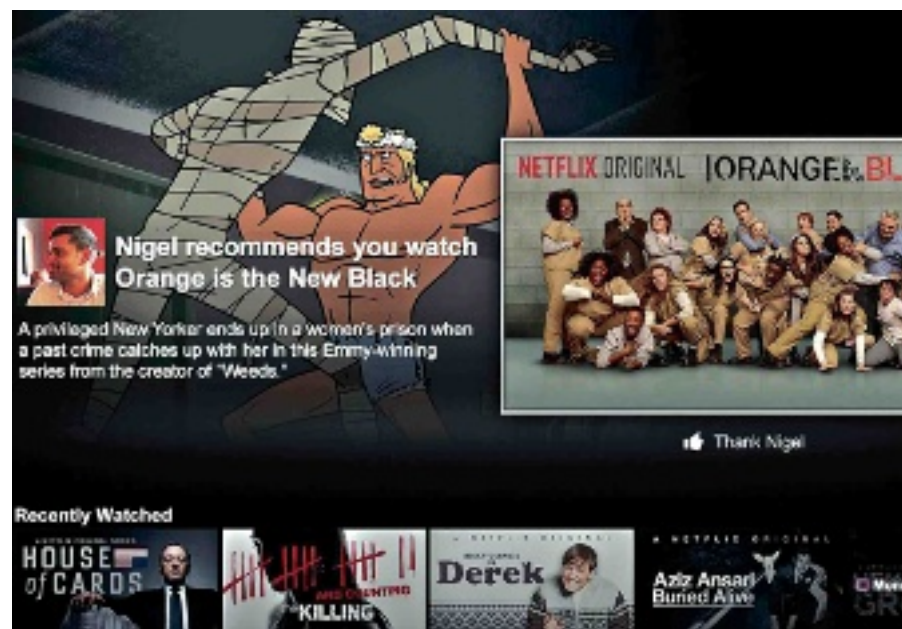
Today's flying experience is far from glamorous. Passengers wait in long lines for security screening, push and shove at the gate to be first on board and then fight for the limited overhead bin space. They are already agitated by the time they arrive at their row and see how cramped it is.

To boost their profits, airlines have been adding more rows of seats to planes in the past few years.

Southwest and United both took away one inch from each row on certain jets to make room for six more seats. American is increasing the number of seats on its Boeing 737-800s from 150 to 160. Delta installed new, smaller toilets in its 737-900s, enabling it to squeeze in an extra four seats. And to make room for a first-class cabin with lie-flat beds on its transcontinental flights, JetBlue cut one inch of legroom for coach passengers.

Airlines say passengers won't notice because the seats are being redesigned to create a sense of more space. Southwest's seats have thinner seatback magazine pockets, Alaska Airlines shrank the size of tray tables and United moved the magazine pocket, getting it away from passengers' knees.

THE ASSOCIATED PRESS



Don't want everyone to know you've watched I Don't Know How She Does It?

This screenshot provided by Netflix shows what the viewer will see when subscribers recommend movies and TV shows to their Facebook friends. Netflix is giving its Internet video subscribers a more discreet way to recommend movies and TV shows to their Facebook friends after realizing most people don't want to share their viewing habits with large audiences. Until now, Netflix subscribers linking the service to their Facebook accounts automatically disclosed everything they were watching with a potentially broad range of people. The automatic disclosures ended Tuesday. A menu of friends culled from Facebook will appear after Netflix subscribers finish watching a video if they have turned on the sharing feature. NETFLIX/THE ASSOCIATED PRESS

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New York attorney general: Evans Bank avoided giving loans to African-Americans

A bank purposely avoided giving mortgages to African-Americans by locating all of its branches outside black neighbourhoods and directing advertising and loan products toward largely white communities, New York's attorney general said in a lawsuit filed Tuesday as part of a wider investigation into an illegal practice known as redlining.

Evans Bank is accused in the federal civil complaint of violating federal, state and local housing and discrimination laws, Attorney General Eric Schneiderman said at a news conference in Buffalo.

The bank's practice of not making home-improvement loans and mortgages available in Buffalo's east side, home to more than 75 per cent of the city's African-American population, perpetuated racial segregation and the decline of the city's housing stock, the lawsuit alleges.

"This is a problem we thought we put behind us a couple of decades ago," said Schneiderman, who was joined at the news conference by more than a dozen representatives from civic organizations, including the

Map

The lawsuit included a map of Buffalo that Evans used to define its lending area.

- The area, as well as the locations of its branches and ATMs, forms nearly a complete ring, broken only by the Lake Erie shoreline, around the city's predominantly black east side.

NAACP, New York Civil Liberties Union and Partnership for the Public Good.

Evans Bank is headquartered in the suburb of Hamburg and has 13 branches in western New York and \$830 million US in total assets.

The bank's president and chief executive David Nasca called the accusations "meritless" and said Evans will vigorously defend itself.

"We remain confident that our residential lending practices meet all applicable laws and regulations," Nasca said in a statement emailed to The Associated Press.

THE ASSOCIATED PRESS

'Greenrush'

High demand for medical marijuana licences in Canada

The number of Canadian firms applying for lucrative medical marijuana licences has topped 1,000 as a so-called "greenrush" continues to overwhelm Health Canada.

So far, only two new licences have been approved this summer, even as the department tightens the application rules. As of Aug. 25, Health Canada had received 1,009 formal applications to grow medical weed. THE CANADIAN PRESS

Market Minute



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TSX
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Natural gas: \$3.90 US (-\$0.15)
Dow Jones: 17,067.56 (-30.89)

HIPSTERS THAT ACTUALLY DESERVE THE HATE

What with celebrity selfies and Vladimir Putin, you probably didn't think the world could get much weirder.

That's because you don't know about nipsters. Allow me to plug your knowledge gap.

Nipsters are Nazi hipsters. As Vladimir Putin is Nikita Khrushchev 2.0, so nipsters are an update on neo-Nazi skinheads. Instead of jack boots and swastika armbands, nipsters sport skinny jeans, coloured glasses, messenger tote bags and beards.

You can watch German nipsters doing the Harlem Shake on YouTube, flashing signs that encourage the viewer to have unprotected sex with Nazis, which sounds so ... unclean.

Other signs in the video deplore multiculturalism, so it's clear that the unreconstructed hearts of xenophobes continue beating to a goose-stepping rhythm, with a little hip hop thrown in to bring things up to date.



JUST SAYIN'
Paul Sullivan
metronews.ca

Nipsters also favour animal rights and support environmental causes. There's even a neo-neo-Nazi vegan cooking show featuring two guys in the kitchen wearing balaclavas.

Rolling Stone published the full lowdown on nipsters earlier this summer in an article titled Heil Hipster: The Young Neo-Nazis Trying to Put a Stylish Face on Hate.

It's mainly based on an interview with a founder of the movement, Patrick Schroeder. Everything's on-trend about Patrick. He has his own webcast where he blends pop culture into hate culture in a way that is supposed to appeal to mainstream right-wing lunatics. In fact, he says, "If the definition of the nipster is someone who can live in the mainstream, then I see it as the future of the movement." He dismisses North American neo-Nazis as dressed up for a costume party. No style.

Despite the user-friendly front, Schroeder's ideological observations are distinctly paleo. He calls Barack Obama Amer-

ica's "neger president" and tells Rolling Stone journalist Thomas Rogers that black people don't belong in Germany because it's "against nature. There's a reason we're not walking around in the sun, in Ghana, with our skin colour."

All this would be horribly amusing if it weren't for the fact that racism is on the rise in Europe. And in echoes of Nazi Germany, according to the European Agency for Fundamental Rights, up to 90 per cent of all hate crimes in the European Union go unreported because respondents are afraid of social ostracism. It's OK to spout nipster nonsense, but it's not OK to report it?

Nipsters aren't the only xenophobic fungus growing on European culture. Recent anti-Semitic riots in France and Germany, on the surface a response to the Israel-Gaza conflict, have an ugly undercurrent of racism.

It's quite the monster mash-up. Hate is an equal opportunity disease. Fortunately, an effective vaccine exists. Love is all you need, and by love we don't mean unprotected sex with a Nazi.

Bárðarbunga-bunga



In this aerial view, fountains of lava, up to 60 metres high, spurt from a fissure in the ground on the north side of the Bárðarbunga volcano in Iceland on Tuesday. STEFANO DI NICOLÒ/THE ASSOCIATED PRESS

Icelandic volcano starts to chill out after eruption

Experts say the seismic activity near the Bárðarbunga volcano in Iceland is calming down as tall fountains of fire and lava continue to lick the air along a

volcanic fissure, producing a huge plume of steam and gas.

A massive white cloud some 4.5 kilometres tall was rising above the fissure eruption in the Holuhraun lava field north of the Dyngjujökull glacier on Tuesday. No ash fall has been detected.

Iceland's meteorological

agency said the lava eruption appears to be less active compared to the previous day.

Thousands of small earthquakes have rocked the region in recent days, leading to concerns that Bárðarbunga, which lies under a vast glacier, could erupt.

THE ASSOCIATED PRESS

By the numbers

300

The number of earthquakes in the area near the volcanic eruption on Tuesday. This is down from 500 on Monday.

MetroTube

He's not happy about September, either



ANDREW FIFIELD
andrew.fifield@metronews.ca

Bad news, everybody. It's September — back to school for some of us, back to layers for all of us. So it's understandable that you might want to follow Benny the Bulldog's lead here and poke your head out of your long-weekend hole this morning and play peekaboo with pending autumn. (Benny The Bulldog/YouTube)



METRO PHOTO ILLUSTRATION

Twitter



@metropicks asked: 'Squirrel whisperer' Mary Krupa got Sneezy the Penn State Squirrel to pose for this very scholarly looking photo. Who would you send back to school?

@MrsMiggins1969: All the politicians who cut funding to schools and increase class sizes. Let's see if they still think it's a good idea.

@friesron: Rob Ford. #nufsaid



SEE THE NEWS COME ALIVE

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Dynamic duo Greenwood and Egoyan rock the movie screen

A history of hits.

Whether the script's about lap dancing or a kidnapped child, these two can be trusted to deliver movie magic



IN
FOCUS

Richard Crouse
scene@metronews.ca

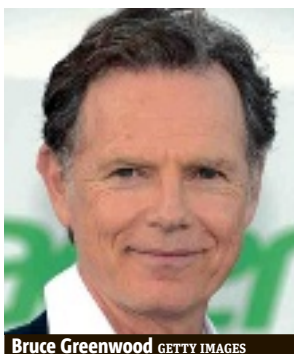
Bruce Greenwood first met director Atom Egoyan in a singles bar. "Atom was alone in the corner and I felt sorry for him," says Greenwood. "We were introduced by a mutual friend."

That was in the early 1990s, when Egoyan was on the brink of international acclaim as a director and Greenwood was a film and television star with a handful of movies and recurring roles on *St. Elsewhere* and *Knots Landing* under his belt.

That chance meeting led to their first film together, *Exotica*, a study of loneliness and desire in a lap-dancing club that Roger Ebert called "a deep, painful film" in his four-star review.

"We became good friends during that process," said Greenwood, "and in the ensuing years."

Three years later the pair collaborated on *The Sweet Hereafter*, an adaptation of the novel of the same name



Bruce Greenwood GETTY IMAGES

by Russell Banks about the effects of a tragic bus accident on the population of a small town. Greenwood earned a Genie Award nomination playing a grieving father and in 2002 readers of *Playback* voted it the greatest Canadian film ever made.

Next was a small role in *Ararat*, Egoyan's story of a young man whose life is changed during the making of a film about the Armenian genocide, and then, in 2013, a cameo in *Devil's Knot*. Greenwood played a judge in Egoyan's retelling of the events leading up to the West Memphis Three murders and the "Satanic panic" that fuelled the hysteria surrounding the subsequent trial of teenagers Jessie Misskelley Jr., Damien Echols and Jason Baldwin.

These days Greenwood is best known for his work as Capt. Christopher Pike in the 2009 *Star Trek* film and its sequel, *Star Trek Into Darkness*, but he's not too



Director Atom Egoyan's new psychological thriller, *The Captive*, centres around a child kidnapping. CONTRIBUTED

Quoted

"(I trust him) more than anyone I've ever worked with. He can ask me to do anything and if my initial instinct is 'Oh no,' it ends up being the right idea. He's a tremendous guy."

Actor Bruce Greenwood
on director Atom Egoyan

busy in Hollywood — the Quebec-born actor has lived in Los Angeles since the late 1980s — to reteam with his

Canadian cohort.

In Egoyan's new psychological thriller, *The Captive*, Greenwood joins stars Ryan

Reynolds, Scott Speedman, Rosario Dawson and Mireille Enos in a story of a child kidnapping. Egoyan says he and Greenwood share a shorthand that makes for easy work on set.

As for Greenwood, he says he trusts the director, "more than anyone I've ever worked with. He can ask me to do anything and if my initial instinct is 'Oh no,' it ends up being the right idea. He's a tremendous guy."

Von Trier makes small-screen return with series *The House That Jack Built*

Twenty years after creating the groundbreaking miniseries *The Kingdom*, director Lars von Trier is preparing to return to the small screen with *The House That Jack Built*.

The project was announced by Louise Vesth, a producer at von Trier's Zentropa film company, during a press conference for the screening of *Nymphomaniac Volume 2: Director's Cut* at the Venice Film Festival. Executive producer Peter Aalbæk Jensen chimed in to describe the project as "without

precedent" and added, "You better hold your breath."

The English-language series will have a large international cast, although no individual names have been revealed. Details on the plot are also still under wraps.

Known for his avant-garde films, including the 2000 Cannes Palme d'Or winner *Dancer in the Dark*, von Trier has also worked in TV as the creator and director of *The Kingdom* (Riget in the original Danish). Set in a Copenhagen

hospital, the story follows a small number of doctors and patients attempting to understand a series of supernatural events. Since the first season, aired in 1994, left a number of questions unanswered, four additional episodes were made in 1997. In 2004, Stephen King adapted the drama for America as *Kingdom Hospital*.

The Danish filmmaker will begin writing the screenplay for *The House That Jack Built* this fall, and production is slated to begin in 2016. AFP



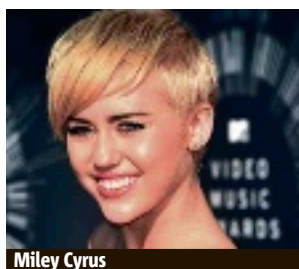
Lars von Trier's first TV miniseries, *The Kingdom*, set in a Copenhagen hospital, aired 20 years ago. Now von Trier is returning to the television medium with a new English-language series. AFP



George Clooney ALL PHOTOS GETTY IMAGES

Years-old injury still bringing George pain

George Clooney is still feeling the effects of a back injury he suffered on the set of *Syriana* almost 10 years ago and recently visited a hospital in Dusseldorf, Germany, to address the ongoing pain, according to E! News. "George arrived at the clinic Friday morning and had a series of tests with the clinic's top neurosurgeon, Dr. Ralf Buhl," a source says. "Buhl specializes in non-invasive methods, which lessen the need for surgery." The injury is believed to have caused ongoing spinal cord problems and bad headaches. See? So it's not necessarily just the Daily Mail that's made him so grumpy lately.



Miley Cyrus

Miley still loves Liam Hemsworth (and weed)

Miley Cyrus may have broken off her engagement to Liam Hemsworth almost a year ago, but that doesn't mean she doesn't still have feelings for the Australian actor. "I love Liam. Liam loves me," she tells Australia's *Sunday Night* during an interview. Of course, she might just be saying that because she doesn't want to upset any Australians on their home turf.

On the more controversial topic of her open indulgence in drugs and alcohol, Cyrus gets a bit defensive: "I put pictures of me smoking weed, I'm not going to lie, on my Instagram," she says. "I don't promote it in my songs or whatever, but it's not like I'm sitting around telling a bunch of kids to do a bunch of drugs."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



'I do not have a perfect body,' says Charlize. Yeah, right.



NED EHRBAR
Metro in Hollywood

We've been thinking a lot about famous women's bodies this week, obviously, so here's some food for thought to go with all that virtual ogling. Oscar winner Charlize Theron, generally regarded to be pretty darn beautiful, has a few flaws.

"I do not have a perfect body," she tells *Modern Luxury* magazine. "I'm always finding things I can work on, but I definitely

reached a point where I feel comfortable and happy with the way my body looks." Oh, good. I was worried. I mean, if she can't feel comfortable with how she looks, what hope do the rest of us have?

"I like to think I am a woman who is comfortable (with) and celebratory of my strengths and indulges in the qualities that make me feel beautiful," she says, apparently not done yet.

"I definitely am not one of those people that is constantly counting calories and doesn't allow myself to enjoy food — I love food. But I just try to be mindful of what I eat and be good to myself."

Now, if you'll excuse me, I'm going to go be good to myself with this deep-dish pizza.

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Soul-searching in New Zealand

Spiritual trip. Epically ethereal landscapes and a history drenched in mythology make this island nation a must for meditators

KATHY
ULLYOTT
life@metronews.ca

In his stout workboots and black oilskin duster, Bill Matthews looks more like a sheep rancher than a Maori sage and storyteller. Yet, by the time he has collected me at the Copthorne Hokiang Hotel and we've arrived at a dizzying lookout over Hokiang Harbour near the tip of New Zealand's North Island, he has summoned the ancient world of the country's first peoples — his ancestors — and brought to life their legends of creation and conquest.

At the verge of the fabled Waipoua Forest — a primeval rainforest and sanctuary for the vast, native Kauri trees — twilight is now filtering through the silver ferns, symbol of New Zealand and as big as rooftops.

When we finally meet the forest celebrities, Te Matua Ngahere (Father of the Forest) and 2,000-year-old Tane Mahuta (Lord of the Forest), it's full dark, and Bill's stories of the Maori's journey from their mythical homeland of Hawaiki, their discovery of Aotearoa, the Land of the Long White Cloud, and even of how Tane Mahuta created the world seem as real as the nighttime calls of the tui and kiwi, and as divine as smouldering kauri resin.

Think of a spiritual journey, and you might first think of the mystical destinations of India or the Holy Land. Increasingly, however, seekers of renewal,



New Zealand's beauty can bring out the spiritual in visitors. Scan this image with your Metro News app to see pictures of a journey through New Zealand that's guaranteed to stir the soul. ERIC LINDBERG

enlightenment and self-discovery are drawn to New Zealand — a land of epically ethereal landscapes, rich mythological history and soul-satisfying remoteness.

It's not surprising, really, that the misty ranges, bubbling hot springs and vast forests that were such inherently sacred sites for the Maori have, in more recent years, inspired and attracted pilgrims of all spiritual stripes.

"Being in the Southern Alps, on the shores of Lake Wakatipu, there is a real sense of spirituality and calmness," says Paula Ryan, co-creator of the new, 21-acre Aro-Ha Wellness Retreat near Queenstown.

Although it's been open less than a year and hosts a maximum of 20 guests at once, Aro-Ha is making international

waves for its luxury accommodation, rigour (paleo-based vegan cuisine) and permaculture (a focus on ecological, sustainable design).

At Aro-Ha, "every guest has a personal experience and they all leave feeling increased objectivity and more clarity," says Ryan.

In addition to mindfulness and other spirituality sessions, Aro-Ha focuses on nutrition and what it calls wellness adventures: sub-alpine hiking, strength training, kayaking and twice-daily yoga sessions.

Further north and overlooking New Zealand's most populous city, the Auckland Zen Garden offers an entirely different landscape, but a similarly contemplative experience, personalized for each guest. Owner Johnny Leung, who de-

signed the 75-acre Garden with rippling streams, private lodges and contemplative walks in the ancient Kyoto style, says he wants guests to "feel close to the sky and heaven."

In addition to yoga and meditation sessions, a maximum of 14 guests take part in two- to four-day retreats complete with the services, if desired, of psychiatrists and "soul consultants," who guide individuals seeking to reset their priorities or make major life changes, says Leung.

Interestingly, one of Aro-Ha's guests used almost identical language: "Aro-Ha isn't a life saver; it's a life changer."

But Bill Matthews showed that quests for perspective, insight and priority aren't necessarily new. As we left Waipoua Forest, he leaned over, felt the



The largest kauri tree in the world, Tane Mahuta. JAMES HEREMALA

ground for a kauri seed, and presented it to me with a traditional ancient Maori message. "You are a seed. Even though you are small, you have value."

Maori Immersion

Museums, cultural centres and special events throughout New Zealand will give you a great introduction to Maori history and culture, but if you want to jump in feet first, check out Potiki Adventures.

The company is the passion and brainchild of Bianca Ranson of Waiheke Island, who started it 10 years ago when she was just 24 and has since won a clutch of awards for it.

Her aims: to further Maori traditions among Maori youth, and also to give Pakeha (non-Maori people) a hands-on experience of Maori activities, perspectives and spirituality. Guests stay in the Marae, a traditional ancestral meeting house, visit historical paa (power) sites and participate in activities such as flax weaving, poi-making and mau rakau (martial arts).

For more information: potikiadventures.co.nz

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Fresh tomatoes in salad spotlight

Grilled Chicken Panzanella Salad.

This dish makes a light dinner and allows you to switch up protein



DINNER EXPRESS
Emily Richards
food@metronews.ca

September is a great month to enjoy tomatoes in so many ways.

Cooking them up in a sauce or in a soup makes for easy meals, but one of my favourites is including them in salads. Putting together some family favourites creates a whole entree salad that everyone will love.

For this Grilled Chicken Panzanella Salad, my family

FLASH FOOD



From your fridge to your table in about 30 minutes or less

prefers chicken thighs, but you can also use leftover chicken or turkey to speed up prep time.

If you are using leftover chicken or turkey, you will need about three cups (750 ml) chopped or shredded.

You can also substitute three to four boneless skinless chicken breasts for the thighs. Grill them for about 12 minutes or until no longer pink inside.

1. Toss the chicken thighs with 1 tbsp of the oil, and sprinkle with half each of the salt and pepper. Place on greased grill over medium-high heat and

Ingredients

- 6 boneless, skinless chicken thighs (about 1 1/2 lbs/750 g)
- 2 tbsp (30 ml) extra virgin olive oil
- 1/4 tsp (1 ml) each salt and pepper
- 4 cups (1 l) cubed crusty Italian bread
- 2 large tomatoes, chopped
- 1 English cucumber, sliced
- 1 each red and yellow pepper, chopped
- Half red onion, thinly sliced (optional)

- 1/2 cup (125 ml) fresh basil, coarsely chopped
- 1 tbsp (15 ml) capers, drained (optional)
- Dressing**
- 1/4 cup (50 ml) aged balsamic vinegar
- 3 tbsp (45 ml) sodium-reduced chicken broth
- 2 garlic cloves, minced
- 1 tsp (5 ml) Dijon mustard
- 1/4 tsp (1 ml) each salt and pepper



This recipe makes six servings. EMILY RICHARDS

START TO FINISH ABOUT 35 MINUTES

grill for about 10 minutes, turning once or until juices run clear. Place on cutting board and chop.

2. Toss bread with remain-

ing oil, salt and pepper and spread onto baking sheet. Toast in 400 F (200 C) oven for about 10 minutes or until bread is crispy and golden.

3. In bowl, combine tomatoes, cucumber, red and yellow peppers, onion, basil and capers, if using. Add chicken and bread; toss to combine.

4. Dressing: In bowl, whisk together vinegar, broth, garlic, mustard, salt and pepper. Drizzle over salad and toss well. Let stand 30 minutes before serving.

Subtle touches offer Italian taste



This recipe serves six. BLUE DIAMOND GROWERS

A frittata is a healthy meal bursting with protein and vitamins because of a simple base of eggs and veggies. This tasty Italian version is a perfect breakfast or even dinner option!

1. Preheat oven to 400 F (200 C) and melt butter in a medium oven-safe skillet. Add onion and cook for 5 minutes to soften. Add spinach, artichoke hearts and red

pepper and cook until spinach is wilted and dry.

2. Beat together almond beverage, eggs, garlic salt and dried basil in a medium bowl. Add to skillet with cheese and cook until eggs are about half cooked, stirring occasionally.

3. Place skillet in oven and cook for 10 minutes more.

RECIPE COURTESY BLUE DIAMOND GROWERS

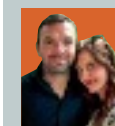
Ingredients

- 1 tbsp (15 ml) butter
- 1/2 cup (125 ml) chopped onion
- 3 cups (750 ml) fresh spinach, coarsely chopped
- 1/4 cup (50 ml) marinated artichoke hearts, chopped
- 1/4 cup (50 ml) roasted red pepper, chopped

- 1/3 cup (75 ml) Almond Breeze® Unsweetened Original beverage
- 6 eggs
- 1/2 tsp (2 ml) garlic salt
- 1/2 tsp (2 ml) dried basil
- 1 cup (250 ml) Italian blend cheese, shredded

Food around the world

The Bahamas (vegan rating: 6/10)



MEAT AND VEG
meatandvegontheroad.
tumblr.com
Photos: Suzi Staheli
(a.k.a. Veg)

Meat, a contented carnivorous writer, documents his and his vegan fiancée Veg's dietary journey as they travel and munch their way across four continents.



Veg: This generous mound of brown rice, next to a perfectly steamed medley

of pumpkin, carrot, broccoli and cabbage, went down very well with Veg. Made from produce from his own backyard, the owner of Nettie's restaurant kindly whipped up this beautiful dish on request after we told him he had a vegan to feed.



Meat: Always keen to immerse myself in another country's culture, I had the local favourite: conch. However, I opted to have the large sea snail battered and fried alongside vegetables and rice rather than have it raw and diced with salad like the Caribbean favourite conch salad. I was more than happy with my enjoyably chewy choice.

Get ready to ace this school year with these secrets to post-secondary success

Go beyond the classroom. Making the most out of these years is about more than just grades

LAUREN MARINIGH
TalentEgg.ca

Whether you're heading into your first-ever round of post-secondary education or returning to school for even more time in the classroom, it's important to start with a strong foundation. There's a lot of new information to absorb, and you may find it all a little overwhelming. Not really sure how to make the best of the next few years? Start with these steps.

Get organized

As a new student, this post-secondary adventure may be

the first time you've had to learn without the structure of the school bell — or a high level of engagement from parents or peers.

If you're a returning student, you may have forgotten how easy it is to overlook key dates or lose track of important information. Find a method that helps you keep track of your class schedule and other commitments, whether it's an agenda, digital calendar, app or some combination of all three. Getting organized isn't just a good way to stay productive. It can also help you identify spare time you have left over for other activities.

Get involved

Your post-secondary experience will go by in a flash. Make the most of that time by getting involved — this experience can be incredibly valuable when you face the school-to-work transition.



Your profs aren't just teachers — they're also potential networking contacts, who may be helpful when it comes to grad-school plans or even your future career. ISTOCK

Working on or off campus is a great way to gain some extra money while building work experience, while volunteer work can enable you to pursue a personal commitment and build new connections to your community.

Both kinds of involvement allow you to build meaningful experience. They offer evidence of your time management and teamwork skills and will be a definite asset when you are looking for work.

Another way to get involved is to join or create a club. This is a good way to meet new people on campus while demonstrating some initiative and leadership.

Build relationships with

your profs

You'll have many opportunities to make new friends at school, but don't forget to focus on building relationships in other areas, too.

Networking with instructors may sound like a task for a teacher's pet, but it's important to make connections outside of your peer group where you can. Connecting with your instructors can help you uncover promising positions (as a research assistant, for example) and position you for success if you plan on heading to grad school.

Of course, your instructors teach hundreds (if not thousands) of students, so it's important to be mindful of their time. As with any effective networking, make sure you have a specific goal — and aren't wasting anyone's time or overstepping boundaries.

Attend on-campus events

Take a break from the books every now and then to get involved by participating in and attending on-campus events. This is a great way for you to meet new people and de-stress. Developing new interests and connecting with new people will expand your horizons and get a better sense of where you'd like to go in the future.

By taking advantage of some of the tips above, you'll have a more fully rounded school experience and be better prepared to enter the working world upon graduation.

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Score a great job by getting organized

Feeling swamped?

Don't let a lack of order sabotage your job search. All you need is a few simple tools

LAUREN
MARINIGH
TalentEgg.ca

Job hunting can be stressful. Whether you are a new grad looking for a career or a student in search of a part-time job, it can be hard to keep your applications straight — and your motivation high. Getting your job search (and those applications) organized is a great way to avoid confusion and stay on top of important deadlines.

Use spreadsheets

If you're actively applying to different jobs, you may have trouble keeping track of all the information you're juggling.

To begin organizing your job search, start with a spreadsheet or a blank document.

In this document, create headings that include the name of the place you applied to or contacted, the job title, the date you applied, who you applied to or how you applied, and any other important information as outlined in the job description. This spreadsheet will help you track everything pertinent to your job hunt.

Tip: Use this spreadsheet to save the descriptions of jobs you've applied to — you'll want that information to prepare for an interview.

Organize your applications

As you apply for new jobs,



Is the stress of job hunting getting to you? Organizing your applications — both digital and paper-based — can help you stay on track. iSTOCK

it's important to keep all your resumé and cover letters in one place, and keep them organized.

If you get a call back for an interview, you want to be able to bring copies of the cover letter and resumé you submitted for the job. Create a folder on your computer, and within that, create a new folder for every new job you apply to. Label your files appropriately with the job title and company applied to.

Tip: This seems obvious to an organized person — but it's an important step many job-seekers overlook.

Use your calendar

If you have a lot of job search momentum, it's easy

to get dates confused, or overlook relevant follow-up dates. Marking key dates on your calendar is the best way to streamline your applications. When you submit an application, make note of any relevant dates, particularly the expected closing date or time-frame for hearing back from the employer. This step is crucial in making sure to follow up and reach out to recruiters in an appropriate time frame.

Tip: Some job descriptions clearly state to not follow up; make note of this.

Plan short- and long-term goals

It's easy to get tunnel vision when you're trying to hatch

your career. As you plan and organize your applications

Time to reflect

It's easy to get tunnel vision when you're trying to hatch your career. As you plan and organize your applications and key dates, set aside some time to review your progress.

and key dates, set aside some time to review your progress and identify new goal-setting opportunities. It's good to be prepared for unexpected setbacks, and having some key dates set aside as opportunities to rest and recharge is absolutely crucial to your continued success.

Tip: Planning your activities long-term will help you stay motivated if you don't meet with immediate job-search success.

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As a special end-of-summer gift to our readers, Metro brings you the first chapter of *The Afterlife of Stars*, the newest book by award-winning author Joseph Kertes. Over the next three days, we will be introduced to the Beck brothers, two young boys grappling with the world around them as Russian tanks roll into Budapest during the final days of the Hungarian revolution. In **Part 2** of four, the Beck family has an encounter with Russian soldiers in their home.

The Afterlife of Stars

There was a pounding at the door, quite a commanding one, and we all looked out that way, as if to interpret what it meant. We followed my father into the vestibule and huddled behind him, except for my brother, who stood by his side. It was Attila who opened the door. A man, a soldier the size of a tree, stood outside. He had such an overgrowth of beard, he could have supplied a whole room of teenagers with all the tufts they needed. He barked something at us in Russian. The red star gleamed from his furry officer's cap. He barked something again, and Judit squeaked and held her stomach.

The tree man paused, but then he parted us and stepped up to Judit. He looked at her, gazed down at her belly, then bent down to listen there. No one knew what to do. He pointed a long brown finger at her abdomen. Andras looked ready to lunge at the Russian, and so did my brother behind him. Judit whimpered.

The man laughed as he straightened all the way up again. His mouth was like a jewel box, full of gold and glitter. He pushed past us and marched straight to our empire clock on the sideboard in the front room as if he knew where it was. We followed him, and he waited for us to gather. He pointed to the clock, circled his long brown finger a number of times past the twelve and motioned that we were all to leave. Then, to our relief, the officer marched out again and slammed the door.

"We have until three o'clock," our father said to us, "and then we have to be gone."

"For how long?" I asked him.

"We don't know," my grandmother said gently.

"For about two centuries," Attila said, "before we check back in with them."

"What do you mean?"

"They want us to get out," Andras said. "Not out of the country. We're not supposed to leave the country, not *allowed*, actually. We're just supposed to find other lodgings somewhere."

"But we're not doing that," Attila said.

"Be quiet," our father said.



AR "One solitary picture still hung on the wall among the ghostly rectangles. It was a drawing done by my brother of a Spitfire fighter plane tearing through the skies ..." Scan this photo with your Metro News app for a video of Joseph Kertes talking about his new book! ISTOCK

Judit whispered, "We can't leave now." I could hardly hear her.

"We have to," her husband said. "Now is our only chance. The Hungarian rebel army is rising up. There are breaks in the border. It's the only time."

"But Andras ..." our grandmother said, putting her arm around Judit.

My brother looked straight at me. "We're leaving," he insisted. "Forever. I told you — we're going west."

"Why can't we just get the Russians to like us instead?" I asked.

Attila shook his head. "Lambkin, you're not too bright." But my remark made Judit tear up. She embraced me and kissed me on the head before leaving with Andras.

The Russian was back within an hour, and he brought other soldiers with him, two women and one man. But the original one with the beard was obviously overseeing the proceedings. They moved through our home more like movers than invaders. They acted as if we weren't there. From the china cabinet, they gingerly removed Herendi porcelain cups, saucers and platters and a silver sugar box and teapot, wrapping them in cloth before placing them in

large canvas sacks. Attila and I watched from the sofa.

They took down the paintings one at a time, leaving rectangular blond ghosts in the gold wallpaper. The largest of these was called "Christmas, 1903." It depicted two old women dressed in dark coats and fur hats, one bent over a walnut secretary desk, writing a letter, the other looking out and down at us from the wall. Between them stood a potted Christmas tree on a table, festooned with bright ribbons and bangles and a star at the top. I always wondered why such a cheerful tree did not manage to spread its joy to the dark women in the parlor, who had most likely decorated it. Now the women were gone, together with their tree.

One solitary picture still hung on the wall among the ghostly rectangles. It was a drawing done by my brother of a Spitfire fighter plane tearing through the skies, spitting impressive bursts of fire. In the corner of the picture was the sun, and it too fired off spikes instead of rays of light. It was a sketch Attila had done in school, and our mother had had it framed in gold and hung over the gilded double-headed-eagle clock on the sideboard, which stood

willow. It was surrounded by impressionable trees, which also wanted to weep, so I gave them their own tears in many colors flying off the leaves. My classmate David thought the other trees might have been sweating after a run, but I explained my intent.

A year before, I had done another picture in crayon of sunflowers. It wasn't a field of sunflowers, exactly, but sunflower after sunflower, quite a few of them. My brother seemed to admire the picture. He said my flowers looked like the handiwork of God as a child, trying out designs for the sun. That wasn't my intent either. I don't know where that picture got to, exactly.

One of the Russian women carrying a canvas bag looked at the Spitfire twice as she passed by us. We watched her closely. She removed her snug army cap to reveal straw-colored hair tied back as tightly as the cap, giving her head the look of an onion. She paused by the drawing but moved on. The eagle watched with its four sharp eyes. On her third trip by, she picked up the eagle clock with a strong arm and wrapped it up like a mummy before bending over to make room for it in her heavy sack.

Attila watched the operation, kept glancing up at his own drawing in its precious frame, waited for her to leave our home with the sacks, and then tore off madly to our room.

I tiptoed to the dining room to see if the Russians had taken our bowl of rose cream chocolates. I cared less about the red crystal bowl than about the chocolates. They were still there. I wondered if it would be all right to sit at the table and steal a chocolate. I took a chance. I peeled the red foil wrapper off the delicacy and put it into my mouth whole, let its creamy sweet essence enjoy its new home. I didn't want to chew, to take a single bite. I put my cheek down on the cool surface of the dining room table. My grandmother had bought this table for my parents for their "wood" anniversary, she told me. She said it was made of walnut by Sebastyan Balaban, the famous furniture maker. He had told her it would last a

Online only

We have more on *The Afterlife of Stars* at metronews.ca

- **Video.** Metro columnist Richard Crouse interviews Joseph Kertes about his new book and the creative process.
- **Author talk.** Have a question for Joseph Kertes? The author will be hosting an online live chat on Thursday, Sept. 4 starting at 1 p.m. EST. You can submit your questions in advance at metronews.ca.

On the shelves

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• Are you a fan of Joseph Kertes? You could win a signed copy of *The Afterlife of Stars*. For full contest details and to enter today visit clubmetro.com.

guard over the room. The fierce-looking bird was the emblem of the Austro-Hungarian Empire.

I had done a picture I knew my mother would like too, a watercolor, but it was still at school. My teacher, Mrs. Molnar, had hung it up where the photographs of Stalin and Khrushchev hung, but on the opposite side of the clock. My painting featured a weeping

thousand years. We had had it for eleven years, just 1.1 percent of its lifespan, meaning some nice Russian family could enjoy meals and chocolates off it for 989 more years. I took another chocolate to eat in my room and one for my brother.

But I had a second table to visit first. It was the round-topped pedestal table in the front room. It was the one I hid under when I was in turmoil. Made of heavy black maple and standing on beastly wooden lions' paws, it sat between two dainty ladies' lamps in all its manly glory. I ducked underneath. I wanted to sit in its darkness one last time. When I was much younger, I thought that this unlucky lion had grown a table-top instead of a head, but when my brother taught me the facts of life, I realized that a lion and a table had lain down together to make this child. I hoped it was the table that was the mother. I ran my fingers through the carved fur and the hard claws and said my goodbyes.

I heard something fall in the kitchen, but not a dish, because it didn't shatter. I jumped out and ran back to our room. I found my brother holding his june bug collection up to the light of the window before shelving it again. The collection had won him a science prize a couple of years back.

FROM: *THE AFTERLIFE OF STARS* BY JOSEPH KERTES. COPYRIGHT © JOSEPH KERTES, 2014. REPRINTED BY PERMISSION OF PENGUIN CANADA BOOKS INC.

Ryder Cup

McGinley leaves Donald out of European team

It was not an easy phone call for European Ryder Cup captain Paul McGinley, breaking the news to Luke Donald that he was not to face the U.S. at Gleneagles this month.

Donald is a former No. 1 who's lifted the trophy four times. But he was the big omission when McGinley picked Stephen Gallacher, Lee Westwood and Ian Poulter as his three wild-card selections Tuesday.

"That was a very, very difficult conversation — my relationship with Luke is very close," said McGinley, who was Donald's playing partner for the Englishman's first Ryder Cup match.

THE ASSOCIATED PRESS

Ryder Cup

Bradley, Mahan and Simpson fill out U.S. team

U.S. captain Tom Watson went with experience and a gut feeling Tuesday night when he filled out his Ryder Cup team with Keegan Bradley, Hunter Mahan and Webb Simpson.

Not so valuable was recent success. He left out Chris Kirk, who finished higher in the final Ryder Cup standings than Simpson and who won the Deutsche Bank Championship a day earlier by going head-to-head with Rory McIlroy the final 36 holes.

"That was a snapshot," Watson said of his decision not to take Kirk.

THE ASSOCIATED PRESS



Canada's Milos Raonic in the loss to Japan's Kei Nishikori on Monday at the U.S. Open in New York. Raonic has a week off to rest and recharge to lead the Canadian team into a Davis Cup playoff against Colombia next week in Halifax. DARRON CUMMINGS/THE ASSOCIATED PRESS

Turning the page on the U.S. Open

A week off. Losses like Raonic's on Monday teach 'rebound,' says captain of Canada's Davis Cup team

Milos Raonic won't have long to brood over his fourth-round U.S. Open loss to Kei Nishikori of Japan as he prepares for a Davis Cup playoff against Colombia next week, which will determine whether Canada remains in the elite World Group.

High expectations

"He's our No. 1 player. He's got a job to do soon."

Martin Laurendeau, captain of Canada's Davis Cup team, about Milos Raonic

Raonic was beaten 4-6, 7-6 (4), 6-7 (6), 7-5, 6-4 by 10th-seeded Nishikori on Monday in a four-hour, 19-minute struggle that tied a record as the latest-to-finish match in U.S. Open history.

"You learn from losses like that; you rebound and that's what makes a champion," said Martin Laurendeau, the captain of Canada's Davis Cup team.

On Tuesday, Laurendeau named Raonic, Frank Dancevic, Daniel Nestor and Vasek Pospisil to the team that will battle Colombia beginning Sept. 12 in Halifax.

Raonic went 5-1 in Davis Cup action last year to help lead Canada to the semifinals and at No. 6 is the highest-ranked Canadian singles player of all time.

Canada started the season

in the World Group for the third consecutive year, playing their first-round tie on the road in February against Japan in Tokyo.

But injuries to Raonic and Pospisil contributed to a disappointing 4-1 loss, forcing this match against Colombia to stay in the World Group. Canada enters as the favourite, ranked eighth in the world to Colombia's 26th. The Colombian Tennis Federation is sending Santiago Giraldo, Alejandro Falla and doubles pair Juan Sebastian Cabal and Robert Farah.

THE CANADIAN PRESS

Monfils tricks his way into quarter-finals



France's Gael Monfils doing his thing: stylishly returning a shot backwards in a win that put him in the U.S. Open quarter-finals Monday. MIKE GROLL/THE ASSOCIATED PRESS

Gael Monfils follows his own rules.

The guy does things on a court no one else does — or can. Just search YouTube and watch any of many video clips showcasing his speed and agility; start with the parallel-to-the-ground, a-few-feet-in-the-air dive at this year's French Open.

He sips soda during match breaks, raising the can in a toast to his agent.

He is currently without any coach at all, in an era when some players have two.

What Monfils has never

Williams sisters

Serena Williams took a medical timeout because of a problem with her right foot and later double-faulted on the last two points as she and sister Venus lost in the doubles quarter-finals.

done, despite all his talent — and in some cases, because he has appeared to value style over substance right there on court, in the middle of a point, pre-

ferring the spectacular to the sufficient — is reach a Grand Slam final. He took a step closer Tuesday at the U.S. Open during a surprisingly matter-of-fact 7-5, 7-6 (6), 7-5 victory in the fourth round over No. 7-seeded Grigor Dimitrov, a man considered one of the sport's up-and-comers.

"I'm the same. So I will say I'm a bit more lucky than I was maybe," Monfils said.

"For me, tennis is a sport, you know.... It's not a job, you know. It's a sport."

THE ASSOCIATED PRESS

Pending a physical. Cowboys ready to sign Sam to practice roster

The Montreal Alouettes will have to continue waiting for Michael Sam.

Both The NFL Network and ESPN reported Tuesday the defensive end is heading to Dallas for a physical with the Cowboys. If Sam passes, he'll join the NFL team's practice roster.

Sam is trying to become the NFL's first openly gay player. The 24-year-old was released Saturday by the St. Louis Rams and bypassed by the team for selection to its practice roster Monday.

Sam, a 2014 seventh-round pick by St. Louis, is on the Alouettes' negotiation list, giving them exclusive rights to the former Missouri star if he chose to play professionally in Canada.

Montreal GM Jim Popp said he has reached out numerous times to Sam's repre-

Quoted

"He's a very good football player and someone who'd fit our system perfectly and fit into our league very well."

Alouettes GM Jim Popp on Michael Sam

sentatives but as of Tuesday hadn't heard back from them. Popp said he put the six-foot-two, 262-pound Sam on the Alouettes negotiation list because he believes Sam can be an effective player in the CFL.

"He's an outstanding pass rusher," Popp said during a telephone interview. "With his body type, he's a real true CFL rush end."

THE CANADIAN PRESS

Blue Jays. Lawrie shut down for rest of the year as part of roster shuffle

The Toronto Blue Jays have re-instated right-hander Brandon Morrow from the disabled list and shut down injured infielder Brett Lawrie for the rest of the season.

Morrow has been sidelined since May with an injured right finger and just finished a rehab stint in the minors. In his brief time with the Jays early in the season, he was 1-2 with a 5.93 ERA.

Lawrie, who has been dealing with an oblique injury since early August, was transferred to the 60-day DL to clear roster space. He's batting .247 with 12 home runs and 38 RBIs in 70 games this season.

The moves were part of a larger roster shuffle by the Jays on Tuesday.



Dalton Pompey
TORSTAR NEWS SERVICE FILE

Second baseman Ryan Goins, outfielder Anthony Gose, right-hander Kendall Graveman and left-handers Sean Nolin and Daniel Norris were recalled from triple-A Buffalo, while Canadians Dalton Pompey and George Kottaras had their contracts selected from Buffalo. **THE CANADIAN PRESS**

CFL

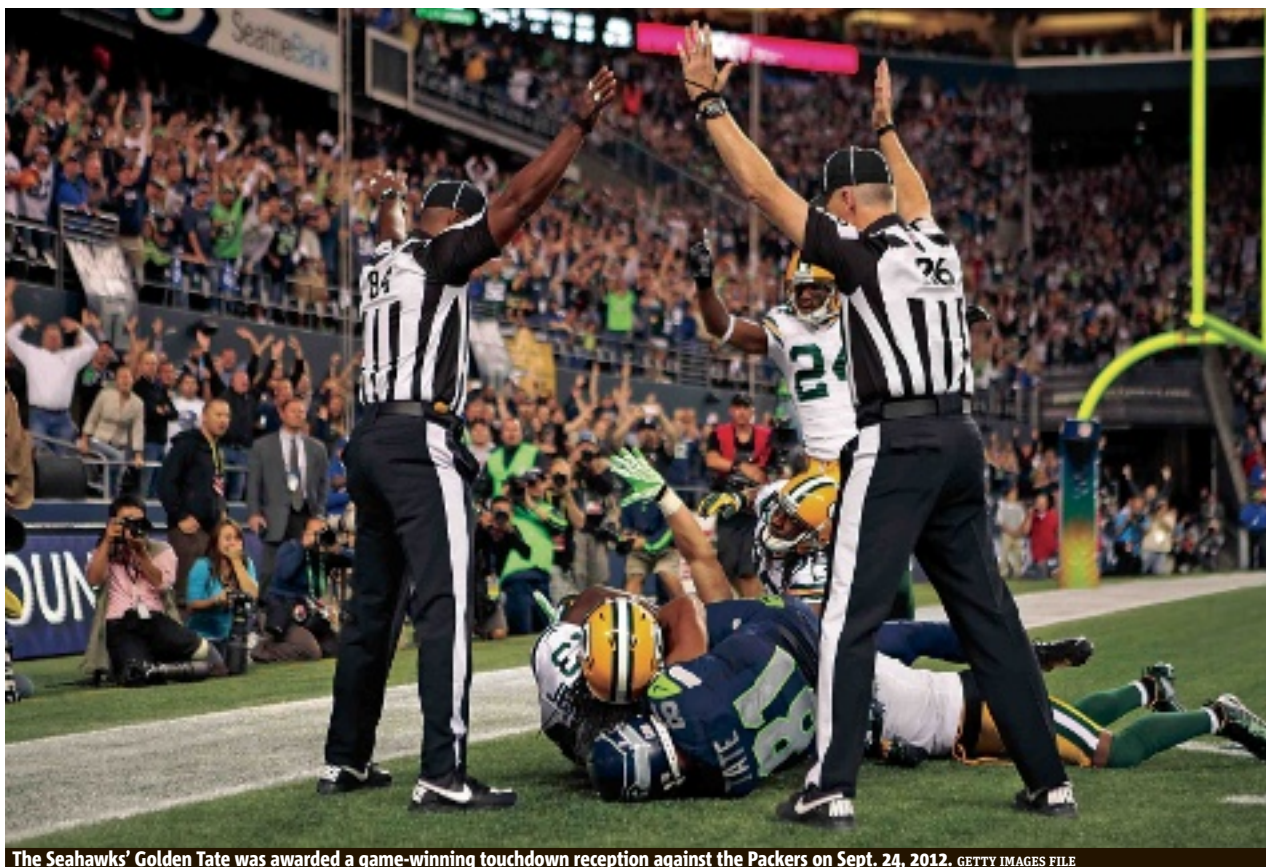
Cornish racks up two weekly awards

Calgary running back Jon Cornish picked up two CFL player-of-the-week awards for his performance in the Stampeders' 28-13 victory over Edmonton on Monday.

Cornish was named both the top offensive player and top Canadian, while Saskatchewan's Ricky Foley earned the defensive player

award and Troy Stoudemire was named the top special teams player.

Cornish rushed for a season-high 163 yards and added a touchdown in the Stamps' Labour Day victory over the Eskimos. The 2013 CFL MVP, who was playing in just his third game of the season after being sidelined with a concussion, had 17 carries, averaging 9.6 yards. He ran in a three-yard touchdown in the fourth quarter. **THE CANADIAN PRESS**



The Seahawks' Golden Tate was awarded a game-winning touchdown reception against the Packers on Sept. 24, 2012. GETTY IMAGES FILE

Fail Mary revisited

The TD that should not have been.
Controversial play remembered as being a life-altering event

This story involves a rookie quarterback, a banker turned NFL replacement official and a touchdown that should not have been.

It's been nearly two full years since the Green Bay Packers and Seattle Seahawks met in the regular season, a game that was noted for stifling defence on both sides, until the final play of the game.

With the clock winding down, Russell Wilson — then a rookie in his third NFL game

— scrambled and lofted a desperation pass from Green Bay's 39-yard line into the end zone. After the officials ruled that Golden Tate had scored, the play instantly became known as "The Fail Mary" and within days the NFL settled its labour dispute with referees.

"There's been all kinds of games. I can go all the way back to coaching in college when we won from 85 yards away with no time left on the clock and it was a Hail Mary catch-and-run and all that kind of stuff," Seattle coach Pete Carroll said. "So, those things happen."

"We love the games. We watch so much because of the surprise and the uniqueness of the experience all the time."

The Seahawks prevailed 14-12 after Tate wrested the

Regular-season kickoff

The Packers return to Seattle to take on the Seahawks in the NFL regular-season opener Thursday.

ball from Green Bay's secondary. It was signalled as a touchdown by replacement official Lance Easley, claiming that Tate gained simultaneous possession with Green Bay defensive back M.D. Jennings. The play was reviewed, and the call on the field was upheld.

Lives immediately changed.

Two days after the call, the NFL reached a new contract with its officials, and the replacements were gone.

Easley, who later wrote a book centred on his touch-

down decision, became and remains the target of angry Packers fans. His rarely used Twitter account this week was filled with messages from Packers fans asking if he would be making any calls in Seattle's favour during Thursday's opener.

And Tate was vilified. In addition to grabbing the ball away, many fans felt he committed a blatant offensive pass interference penalty against defensive back Sam Shields.

"All of a sudden I went from just Golden Tate, the Seattle Seahawk, to household name," said Tate, now a member of the Lions. "Regardless of how you think of my name, everyone knows it I guess now at this point, which is a good thing and a bad thing sometimes."

THE ASSOCIATED PRESS



J.J. Watt GETTY IMAGES FILE

Texans lock up Watt with a \$100M extension: Report

A person with knowledge of the deal tells The Associated Press that star defensive end J.J. Watt has agreed to terms on a contract extension with the Houston Texans.

The person spoke on condition of anonymity Tuesday because the deal had not been signed. Multiple media reports

said the agreement was for six years and \$100 million, with \$51.8 million guaranteed and a \$10-million signing bonus.

Watt had two years left on his contract that was due to pay him \$1.9 million this year and just under \$7 million in 2015. He expressed his desire for a new contract last month

as the Texans were practising with the Denver Broncos.

The 25-year-old Watt has emerged as one of the league's most dominant players, with 74 tackles for loss, 36 1/2 sacks and 27 pass breakups since he joined the league as the 11th overall pick in 2011.

THE ASSOCIATED PRESS

2015 Honda Fit

- **Type:** Five-door, front-wheel-drive compact hatchback
- **Engine:** 1.5-litre inline four-cylinder (130 hp)
- **Transmission:** Six-speed manual, continuously variable automatic (CVT)
- **Base price:** \$16,163, including destination fee

Market position

Slight upscale position in compact hatchback segment, due to very flexible and large interior, afforded by unique centre-of-car positioning of gas tank. Seats fold in more permutations than a Swiss Army knife, to further expand the cargo-carrying possibilities.

Points

- Built at a new plant in Mexico. Previous models imported from Japan or China
- Easily the biggest and most flexible interior in its subcompact class
- Engine upgraded to direct-injection, DOHC and variable valve timing and duration
- Rear-view camera and Bluetooth now standard features



Cargo volume has been increased, thanks to a longer wheelbase.

Safety features

An IIHS top safety pick (the only small car to achieve an Acceptable rating in the small overlap frontal crash test), six airbags, side-curtain airbags have rollover sensors, stability and traction control, hill-start assist, available LaneWatch display and a multi-view rear-view camera with guidelines.

Still funky but a better Fit

PHOTOS: MIKE GOETZ



Review. Honda's redesigned hatchback is less egg-shaped, boasts more power, features and leg room

MIKE
GOETZ
drive@metronews.ca

In the compact hatchback segment, the Honda Fit stuck out. Not quite like a sore thumb, because it's not ugly like a sore thumb. It's ugly more in an egg-shaped way.

Actually that's too harsh. Lots of people are okay with its odd look (including me, since we own a 2009 model).

That shape, combined with the unique positioning of its gas tank (underneath the driver's seat), helped it stick out some more — by creating the conditions for a cavernous interior for its size, and then by its so-called Magic Seat, which al-

lows owners to exploit that space to marvellous effect.

When it came time to design an all-new Fit for 2015, Honda stuck with the program — enhancing the theme of interior versatility, while updating several items that were lacking and/or not up to expectations.

There is not one carry-over part from the previous car. Credit Honda for making a small car as good as it can be without just upsizing the thing. The automaker still managed to increase the cargo volume to 1,492 litres. This was accomplished by stretching the wheelbase, flattening the gas tank, and various other measures.

Rear-seat legroom has been greatly increased, but at the expense of the rear cargo area.

When it came to engine tech, Honda threw the proverbial kitchen sink at this new 1.5-litre four-cylinder — direct injection, DOHC, high-end variable valve con-



Inside, the hard plastic bits have been replaced with softer materials.

trol systems, and even oil-jet piston cooling. It has more horses (130) and torque (114) yet manages to get better fuel efficiency than the engine it replaces.

Some of the efficiency credit has to go to the new transmissions. Here are the numbers: 8.8 L/100 km city and 6.4 highway for the 6-speed manual, and 7.0 city and 5.7 highway for the CVT.

The exterior style is less egg and more wedge, with a

more substantial lower body to suggest a more-planted road feel, which is definitely the case.

There is obviously more power, too, but the predominant first impression is one of vastly improved smoothness, sophistication and quiet. You can still hear road noise and the engine — especially on the highway — but it's nothing like the 2014-and-older Fit, which is noise-heavy for sure.

Compare



1 Ford Fiesta
Base price: \$16,059
Drives well, lots of standard and available kit, rear seat a bit cramped.



2 Kia Rio5
Base price: \$16,014
Rio5, and corporate cousin, Hyundai Accent, both offer good value and good looks.



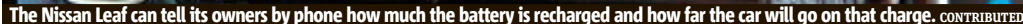
3 Nissan Versa Note
Base price: \$15,865
Less technology in the engine and entertainment departments but gets the job done.

The interior is also several notches better. The hard plastic bits have been replaced by softer materials, and the whole cabin is rendered in an elegant, modern design. Notable new features include leather, navigation with 7-inch touch screen, rear-view camera, Bluetooth and LaneWatch.

In the transformation to a more grown-up and poised car, Fit lost some its teenage-like exuberance and simplicity, which made you want to drive it hard and fling it about.

But the 2015 Fit is more capable in every criteria, and easily one of the best small hatchbacks on the market.

5 DRIVE



Excuse me,
ma'am, your
car is calling

The Leaf reaches the data centre through the Rogers network to receive or forward information. Meanwhile, communication from the data centre to the car's owner goes out via the Internet. It doesn't matter what cell carrier the driver uses, as long as there's an Internet

A display on the Leaf's instrument cluster "grows" virtual trees whenever the car is being driven efficiently, and, if the owner chooses, the car can upload its driving history to the website, to compare with other Leafs around the world.

Das Auto.

ARCHANGEL

REAL TESTIMONIAL



I am very thankful to you ARCHANGEL, that you have cured me. My mind was out of control and I would've ended up crazy. Everything was getting worse and I had lived like that for 3 long years. I lost my family and even my friends and all because someone did something evil to me. I thank ARCHANGEL for getting me out of that hole. — SAMUEL

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AUGMENTED REALITY

Stuck on 12 Across?
Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.



→ See the full instructions on Metro's Voices page.

Horoscopes by Sally Brompton

♈ Aries

March 21 - April 20

In recent weeks you've thrown yourself into life like there was no tomorrow but not even an Aries can keep going indefinitely. Slow down and get your world back into balance.

♉ Taurus

April 21 - May 21

This is one of the best times of the year to get things done, but the things you do must not be of a minor nature. Use today's Sun-Pluto contact to aim higher.

♊ Gemini

May 22 - June 21

Make sure you know all the facts before getting involved in a feud. You may want to help but if you're unaware of what is really going on you may end up making it even worse.

♋ Cancer

June 22 - July 23

Today's cosmic influences will smooth your path and make it easy for you to get from A to B with a minimum of fuss. Travel and social activities will go well for you over the next few days.

♌ Leo

July 24 - Aug. 23

You need a favour from someone and because you're unsure what their reaction will be you aren't looking forward to it. They'll give you what you need.

♍ Virgo

Aug. 24 - Sept. 23

Today's link between the Sun in your sign and Pluto in Capricorn means you're endowed with extra power. Go all out to get what it is you most desire.

♎ Libra

Sept. 24 - Oct. 23

You'll do best today if you make a conscious effort to shut out the world and create a mental and emotional bubble inside which everything is peaceful.

♏ Scorpio

Oct. 24 - Nov. 22

Social activities will bring you luck over the next 24 hours, so get out and impress. The more attention you get, the more you will accomplish.

♐ Sagittarius

Nov. 23 - Dec. 21

Others may be winding down a but you must keep the tempo going and make sure you stay visible. There are big opportunities coming up, so make sure important people know you.

♑ Capricorn

Dec. 22 - Jan. 20

Actions speak louder than words and with Pluto in your sign activated by the Sun you'll be all action from the moment you awake to the moment your head hits the pillow.

♒ Aquarius

Jan. 21 - Feb. 19

You may be tempted to forget about your principles and do something underhand today but you are advised against it. You have a rep for honesty.

♓ Pisces

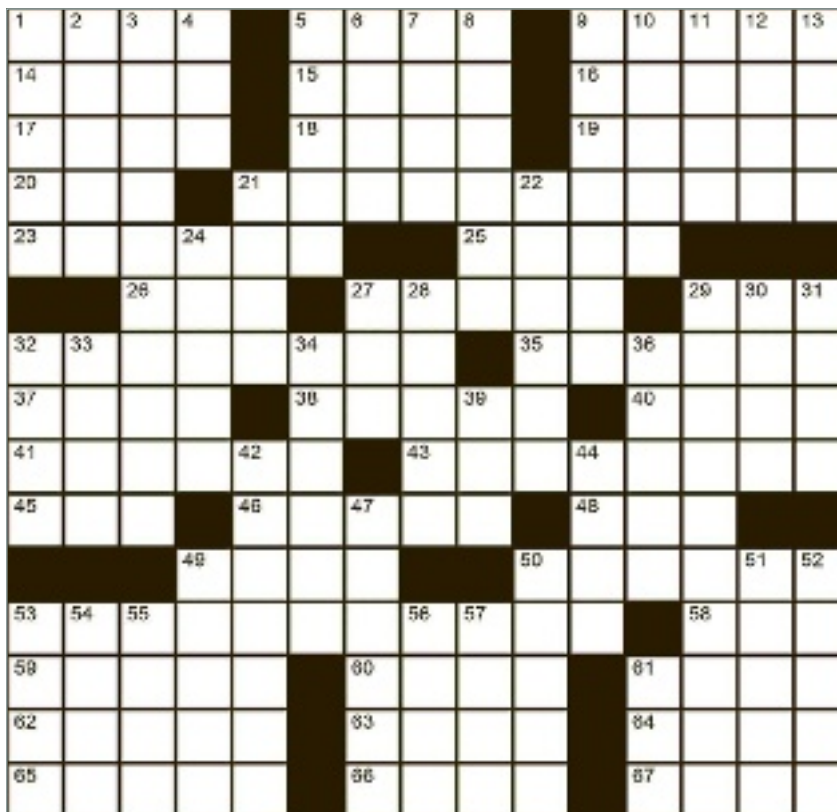
Feb. 20 - March 20

Make an effort to see things from another person's point of view today. You may be surprised to find that the way they look at the world is not that far away from your own.

Crossword: Canada Across and Down by Kelly Ann Buchanan

Across

1. Jill's hill pal
5. 27th US President
9. "A Place Like This": Current tune by Canadian duo __ Jordan
14. Speck
15. Puccini aria: " __ Babbino Caro"
16. Satire
17. Boxes [abbr.]
18. Fall hue
19. __ de menthe
20. Clod
21. American country singer whose 2014 album is called 'Story-line': 2 wds.
23. Cape Island link
25. 'The Art of Eight Limbs', __ Thai
26. 17th Greek letter
27. Chicago choreographer
29. US univ.
32. Vegan's biker-look fabric
35. Shirt part
37. "Candid Camera" host Allen
38. Songstress Ms. Sande
40. "Let's go!"
41. Beauty treatment
43. Scottish __ (Gig for the character Jamie Fraser in "Outlander")
45. Wee weekday
46. Gambles
48. Hearer
49. "Your time __!"
50. " __ hotdogs!" (Ballpark shout)



53. Winnipeg boutiques-gourmet district: 2 wds.
58. Half a Teletubby
59. Curry powder ingredient
60. Ed Sheeran song
61. Spaghetti cheese, commonly
62. Singer Mr. Lopez

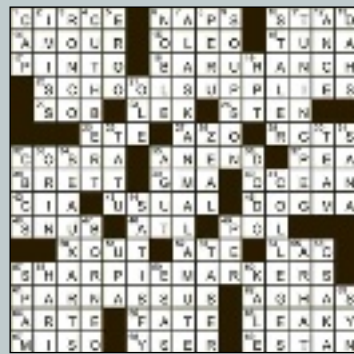
63. 'Persist' suffix
 64. Ms. Hathaway
 65. Glacial ice block
 66. Actress Charlotte's
 67. Raised flatland
- Down**
1. "Glee" star Mr. Artist
 2. Fragrant oil from flowers

3. September 1864 on the road to Canadian Confederation... 150th anniversary of the Charlottetown __
4. Cdn. highway measures
5. Bruce Springsteen's "Born __"
6. Thebes deity

7. 1978 Sylvester Stallone m.o.v.i.e. directed by Norman Jewison
8. Carved symbols
9. Broadcaster Mr. Williams (Trivia! One of MuchMusic's original VJs)
10. Range

11. "Friends" friend
12. Kenny Rogers' "She Believes __"
13. Salon supplies
21. Funny lark
22. "From __ with Love" (1963)
24. "Grease" (1978) song: "You're the One __ Want"
27. Masc. opposite
28. Vacuum cleaner brand
29. Nostalgic stroll-taker's location: 2 wds.
30. Welsh composer/actor Mr. Novello
31. Mind
32. Fizzling-out noise
33. Beach feast
34. __ balloon
36. Fanfare
39. Bean and Cool J
42. 'Old Lace' poison
44. Require
47. Can-Am __ (Bombardier's 3-wheel motorcycle)
49. Songstress Ms. Menzel
50. Doors on fences
51. Acquires
52. Newfoundland town
53. Performs
54. Remedy
55. Mideast chieftain, variantly
56. Canadian hardware store
57. Formerly
61. Cooking spray

Yesterday's Crossword



Online

See today's answers at metronews.ca/answers



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



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